

October 2018 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
1 Pork Tenderloin Whole Wheat Bun Green Beans Peaches	2 Beef Taco Salad Whole Wheat Tortilla Chips Corn Pears	3 Mac & Cheese Ham Vegetable Medley Mandarin Oranges	4 Tomato Soup Grilled Cheese Peas Apples	5 Beef Smokies Whole Wheat Bread Baked Beans Fruit Cocktail
8 Hamburgers Whole Wheat Bun Cheese Slices Broccoli Peaches	9 Scalloped Potatoes Ham Whole Wheat Bread Green Beans Pears	10 Fish Sticks Whole Wheat Bread Peas Mandarin Oranges	11 Beef Chili Wheat Crackers Spinach Salad Bananas	12 Bean & Cheese Burritos Vegetable Medley Fruit Cocktail
15 Beef Hot Dog Whole Wheat Bun Green Beans Peaches	16 Beef Tacos Whole Wheat Tortillas Corn Pears	17 Beef Spaghetti W/ Meat Sauce Broccoli Mandarin Oranges	18 Chicken Strips Whole Wheat Bread Baked Beans Pineapple	19 Cheese Pizza Romaine Salad Cottage Cheese Fruit Cocktail
22 Beef Sloppy Joes Whole Wheat Bun Broccoli Peaches	23 Chicken Patty Whole Wheat Bun Carrot Coins Pears	24 Beef Goulash Vegetable Medley Mandarin Oranges	25 Chicken & Rice Soup Wheat Saltines Carrots/Celery Applesauce	26 Chicken Enchiladas Black Beans Fruit Cocktail
29 Pork Tenderloin Whole Wheat Bun Green Beans Peaches	30 Beef Taco Salad Whole Wheat Tortilla Chips Corn Pears	31 Mac & Cheese Ham Vegetable Medley Mandarin Oranges		Fat Free Skim Milk Served Daily