

January 2019 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Skim Milk Served Daily	1 CCYC Closed for New Year's	2 Fish Sticks Whole Wheat Bread Peas Mandarin Oranges	3 Beef Chili Wheat Crackers Spinach Salad Bananas	4 Bean & Cheese Burritos Vegetable Medley Fruit Cocktail
7 Beef Hot Dog Whole Wheat Bun Green Beans Peaches	8 Beef Tacos Whole Wheat Tortillas Corn Pears	9 Beef Spaghetti W/ Meat Sauce Broccoli Mandarin Oranges	10 Chicken Strips Whole Wheat Bread Baked Beans Pineapple	11 Cheese Pizza Romaine Salad Cottage Cheese Fruit Cocktail
14 Beef Sloppy Joes Whole Wheat Bun Broccoli Peaches	15 Chicken Patty Whole Wheat Bun Carrot Coins Pears	16 Beef Goulash Vegetable Medley Mandarin Oranges	17 Chicken & Rice Soup Wheat Saltines Carrots/Celery Applesauce	18 Chicken Enchiladas Black Beans Fruit Cocktail
21 Pork Tenderloin Whole Wheat Bun Green Beans Peaches	22 Beef Taco Salad Whole Wheat Tortilla Chips Corn Pears	23 Mac & Cheese Ham Vegetable Medley Mandarin Oranges	24 Tomato Soup Grilled Cheese Peas Apples	25 Beef Smokies Whole Wheat Bread Baked Beans Fruit Cocktail
28 Hamburgers Whole Wheat Bun Cheese Slices Broccoli Peaches	29 Scalloped Potatoes Ham Whole Wheat Bread Green Beans Pears	30 Fish Sticks Whole Wheat Bread Peas Mandarin Oranges	31 Beef Chili Wheat Crackers Spinach Salad Bananas	