

## January 2022 Snack Menu

Breakfast & Snack Menu

*Skim Milk & 100% Juice Served Daily*

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Oatmeal/Raisins 3 Milk/Orange Juice	Cereal 4 Milk/Orange Juice	Toast 5 Milk/Orange Juice	Yogurt/Granola 6 Milk/Orange Juice	Bagels 7 Milk/Orange Juice
AM Snack	Cereal Milk	Toast Milk	Applesauce/Grahams Milk	Bagels Milk	Yogurt/Granola Milk
PM Snack	Applesauce Grahams Milk	Apples String Cheese Water	Cheese Crackers Carrots Water	Pretzel Thins Craisins Water	Wheat Thins Raisins Water
Breakfast	Oatmeal/Raisins 10 Milk/Orange Juice	Cereal 11 Milk/Orange Juice	Toast 12 Milk/Orange Juice	Yogurt/Granola 13 Milk/Orange Juice	Bagels 14 Milk/Orange Juice
AM Snack	Cereal Milk	Bagels Milk	Applesauce/Grahams Milk	Toast Milk	Yogurt/Granola Milk
PM Snack	Chips Salsa Milk	Cuties/Halos Animal Crackers Water	Pretzel Thins Raisins Water	Cheese Crackers Raisins Water	Wheat Thins Craisins Water
Breakfast	Oatmeal/Raisins 17 Milk/Orange Juice	Cereal 18 Milk/Orange Juice	Toast 19 Milk/Orange Juice	Yogurt/Granola 20 Milk/Orange Juice	Bagels 21 Milk/Orange Juice
AM Snack	Cereal Milk	Toast Milk	Applesauce/Grahams Milk	Bagels Milk	Yogurt/Granola Milk
PM Snack	Yogurt Blueberries Water	Apples Sunbutter Milk	String Cheese Snack Crackers Water	Wheat Thins Craisins Water	Cheese Crackers Raisins Water
Breakfast	Oatmeal/Raisins 24 Milk/Orange Juice	Cereal 25 Milk/Orange Juice	Toast 26 Milk/Orange Juice	Yogurt/Granola 27 Milk/Orange Juice	Bagels 28 Milk/Orange Juice
AM Snack	Cereal Milk	Bagels Milk	Applesauce/Grahams Milk	Toast Milk	Yogurt/Granola Milk
PM Snack	Chips Salsa Milk	Bananas Graham Crackers Water	Cottage Cheese Pretzel Thins Water	Snack Crackers Craisins Water	Tortilla Sunbutter/Jelly Milk
Breakfast	Oatmeal/Raisins 31 Milk/Orange Juice				
AM Snack	Cereal Milk				
PM Snack	Applesauce Grahams Milk				