

July 2022 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	Fat Free Skim Milk Served Daily			Turkey Sandwich Cheese Slices Spinach Salad Pineapple 1
CCYC Closed for 4th of July 4	Beef Taco Salad Whole Wheat Tortilla Chips Corn Pears 5	Mac & Cheese Ham Vegetable Medley Mandarin Oranges 6	Pulled Pork Whole Wheat Bun Peas Applesauce 7	Beef Smokies Whole Wheat Bread Baked Beans Pineapple 8
Hamburgers Whole Wheat Bun Cheese Slices Broccoli Peaches 11	Scalloped Potatoes Ham Whole Wheat Bread Green Beans Pears 12	Fish Sticks Whole Wheat Bread Peas Mandarin Oranges 13	Beef & Bean Burritos Vegetable Medley Bananas 14	Ham Sandwich Cheese Slices Carrot Coins Pineapple 15
Beef Hot Dog Whole Wheat Bun Green Beans Peaches 18	Beef Tacos Whole Wheat Tortillas Corn Pears 19	Beef Spaghetti W/ Meat Sauce Broccoli Mandarin Oranges 20	Chicken Strips Whole Wheat Bread Baked Beans Applesauce 21	Cheese Pizza Romaine Salad Cottage Cheese Pineapple 22
Beef Sloppy Joes Whole Wheat Bun Vegetable Medley Peaches 25	Chicken Patty Whole Wheat Bun Carrot Coins Pears 26	Beef Goulash Broccoli Mandarin Oranges 27	Bean & Cheese Burrito Vegetable Medley Apples 28	Turkey Sandwich Cheese Slices Spinach Salad Pineapple 29