



Creative Center for Young Children

July 2023

Important Dates:

Tuesday July 4th, 2023:

CCYC CLOSED for the Independence Day Holiday

July Field Trips

We have a lot of field trips scheduled for the summer. Please check with your child's classroom for dates and times of their field trips.

Updates from First Church

Join us Sunday at 10:30 AM!

Fellowship Time following worship in Kenyon Hall.

Join us on [Facebook](#) or [YouTube](#) to participate in live stream worship at 10:30 AM.

Nursery and Children's Church available during worship

Sunday School begins at 9:15 each Sunday morning. All are welcome!

Events at First Church

We Welcome and Affirm Everyone

July 2nd:

Jim Tener and Hillary Glen

July 9th:

Joby Bell and Deb Srycha

July 16th:

Joby Bell and Rob Lumbard

July 23rd:

Joby Bell and Jim Tener

July 30th:

Joby Bell and Deb Srycha

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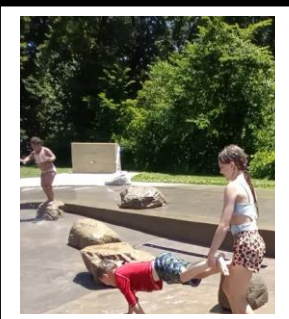
<https://www.facebook.com/CreativeCenterForYoungChildren>

Follow us on INSTAGRAM Click here:

<https://www.instagram.com/creativecenterforyoungchildren/>

First Church Website:

<https://dmfirstchurch.org/>



From the CCYC Office

Importance of Sunscreen for Children

July is UV safety month! We know one of the best ways to protect UV safety is to wear sunscreen every day!

Ultraviolet A (UVA) rays are the most common type of ray and cause premature aging. Ultraviolet B (UVB) rays are the most dangerous and cause sunburn. However, BOTH types of rays can cause cancer. Broad spectrum sunscreens are best because they protect against both UVA and UVB rays. Did you know that manufacturers can no longer be labeled as waterproof or sweatproof? Instead, they are now labeled wither water resistant (effective up to 40 minutes in water) or very water resistant (effective for up to 80 minutes in water.) It is recommended that you reapply sunscreen every two hours, after you get out of water, or after sweating. Even though sunscreen is very important, it is only one

Tool in your UV safety toolkit. There are many ways to reduce your exposure to UV radiation. Experts recommend combining sunscreen use with wearing protective clothing, staying in the shade when possible, and avoiding outdoor activities when the sun is most intense. Here at CCYC, in accordance with HHS, we ask for SPF 50 or higher and apply it April through October when we are going to be outside in direct sun. We keep a close eye on the sunscreen expiration date on all the sunscreen we receive here for the children to use. Sunscreen should have an expiration date on the container. If it does not list an expiration date, experts say that sunscreen is only effective for three years.

Extra Clothing for the Classrooms

Please check your children's cubbies to make sure that your child(ren)'s extra clothing kept here at CCYC are weather appropriate.

We have extra clothing here at CCYC, however, not all of the extra clothing we have is weather appropriate and we do not have a lot of them. If you have questions about your child's extra clothes, please check with your child's classroom teachers.

Procare App

We have been using our Procare app for a bit now. This is your reminder to sign up for the Procare app parent portal. Not only is it a great way to get information about what your child doing during the day here at CCYC, it is also great way to reach out to your child's teachers, and an easy way to pay your bill. If you need a new invite to sign up for the parent portal, please let Ms. Nicole or Ms. Amanda know and on of us can re-invite you.

Pictures from around CCYC

