Creative Center for Young Children

July 2024

Important Dates:

Thursday July 4th, 2024: CCYC CLOSED for the Independence Day Holiday

July Field Trips

We have a lot of field trips scheduled for the summer. Please check with your child's classroom for dates and times of their field trips.

Updates from First Church

WALT

ER

Join us Sunday at 10:30 AM! Fellowship Time following worship in Kenyon Hall.

Join us on <u>Facebook</u> or <u>YouTube</u> to participate in live stream worship at 10:30 AM.

Nursery and Children's Church available during worship

Sunday School begins at 9:15 each Sunday morning. All are welcome!

Events at First Church

We Welcome and Affirm Everyone

July 2nd: Jim Tener and Hillary Glen

July 13th: Weaving Mats for the Homeless 9:30-11:30

July 28th: Maryland State Boychoir and Heartland Youth Choir Concert 4:30pm.

Follow us on FACEBOOK? Click here: https://www.facebook.com/CreativeCenterForYoungChildren Follow us on INSTAGRAM Click here: https://www.instagram.com/creativecenterforyoungchildren/ First Church Website: https://dmfirstchurch.org/

From the CCYC Office

Health-Related Facts about Summer

When the temperature hits its highest points... *Heat stroke, the most serious heat-related illness, occurs when the body can no longer regulate its own temperature. The body temperature can rise to 106 degrees Fahrenheit or higher within 15 minutes! Drinking plenty of water is a great way to prevent some of the most heat-related illnesses. It is also important to stay cool, if vou can. Here at CCYC we follow the Child Care Weather Watch chart from the State of Iowa Department of Health and Human Services. We take into consideration air temperatures and humidity levels before we go outside. If it isn't okay based on the weather chart, we will remain inside for our gross motor times.

That sun feels hot today... *According to the Skin Cancer Foundation, one in five American's will develop skin cancer by the age of 70. They state that only 5 sunburns can double your risk for melanoma! Regular use of sunscreen can go a long way to keep you protected from the sun. At CCYC we apply sunscreen with SPF 50 or higher from April to October to reduce the risk of UV exposure.

Heading to the pool or Beach? *According to the Centers for Disease Control and Prevention (CDC) drowning is the second most common cause of death in children 14 and younger. The U.S. Consumer Product Safety Commission reports that between 2020-2021, non-fatal drowning injuries involving children younger than 15 spiked by 17%. Remember to only swim in designated areas supervised by lifequards. Swimming with a buddy is recommended and young children should always be within arm's reach. If you are heading out on a boat, be sure to wear a life jacket. Our preschool children do not take field trips to splash pools, only splash pads. Our school age children head to the pool 2 times a week, but we take the extra precautions of sending 4 teachers with them to help the lifeguards supervise our children.

Extra Clothing for the Classrooms

Please check your children's cubbies to make sure that your child(ren)'s extra clothing kept here at CCYC are weather appropriate. We have extra clothing here at CCYC, however, not all of the extra clothing we have is weather appropriate and we do not have a lot of them. If your children have outgrown their clothing, consider donating some to our classrooms for extra clothing. If you have questions about your child's extra clothes, please check with your child's classroom teachers.

Summer Field Trips!

Here at CCYC we are blessed to be able to provide field trips for that extra experience for your children. Each classrooms lead teacher works hard to plan fun field trips for all age groups. If you have any recommendations for possible field trips, please send that over to Ms. Nicole or Ms. Amanda! Also check with your child(ren)s teacher to see what fun field trips they have planned this summer!

Ms. Amanda Email: <u>director@creativecenterforyoungchildren.org</u> Ms. Nicole Email: <u>asstdirector@creativecenterforyoungchildren.org</u> Pictures from around CCYC



















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